

Online tools from UnitedHealthcare

Thank you for choosing UnitedHealthcare to provide your health benefits. We are excited to have you join us as a member. While most of your benefit features and coverage begin on August 1, 2007, you have access right now to a variety of online tools and information.



myuhc.com®

- **Directory:** Search for a network physician or health care facility in your area. Compare hospitals on costs and quality-of-care measures.
- **UnitedHealth Premium® Designation information:** Gives you important quality and efficiency information on doctors and hospitals in our network. Only those that meet strict industry guidelines receive this special designation.
- **Plan cost estimator:** Compare the cost of different health benefit plans before you enroll.

www.ubhprovider.com

- **Directory:** Search for mental health providers in your area.

myuhcdental.com

- **Directory:** Locate the most convenient network dentist or specialist for you and your family. You are able to search for a dentist nearest your home or office—with wheelchair access or weekend office hours.
- **Dental education:** Review new dental techniques, recent studies and dental terminology, providing information about good dental habits
- **Nominate a dentist:** Can't find your dentist in our directory? Nominate him or her easily with forms available online.
- **Site tour:** Demonstrates how **myuhcdental.com** can help you take fullest advantage of available tools and information, allowing you to become a more informed consumer.

www.spectera.com

- **Value of vision care:** Find out why comprehensive eye exams can spot symptoms of many health problems, such as diabetes, hypertension, high cholesterol, glaucoma and cataracts.
- **Which eyewear is best for you:** Learn more about selecting the right frames for your faces, plus lens options.
- **Frequently asked questions:** Have a lot of questions about your vision benefit? Find the answers.
- **Glossary of terms:** Glaucoma? Amblyopia? See common terms and definitions associated with your vision and vision care.
- **Provider locator:** Search for a network provider near you.
- **Site tour:** Shows you all the online features you'll see once you become a member

After August 1, 2007, be sure to register on **myuhc.com**. You will have access to all the features currently available, plus these additional resources:

- Complete your Health Assessment
- Create a Personal Health Record for you and your family
- Order and renew prescriptions online
- Organize your medical claims
- Learn more about your coverage

**To learn more about
these online tools,
call UnitedHealthcare.**

